
Introduction

“And the word became flesh, and dwelt among us” (John 1:14). I don’t think I ever fully grasped the meaning behind that verse until I completed this New Testament journey. There were so many times the scriptures came alive to me throughout this study such that I was immediately convicted to do or act differently in my daily life. Yet that’s exactly what the scripture is supposed to do—change us. “And the word became flesh...” – the Word is to be lived out in human flesh so others can see it—first in Jesus and now in us. My hope is that this study changes you spiritually, mentally, and emotionally so that you become more like Christ and others can see the change in you.

For this study I highly encourage using a journal to write down your responses to the reflection questions and/or record your prayers. Taking the time to write down your prayers can help you focus on what you are praying and also reveal how God is truly at work in your life when prayers are answered. Recording responses to the reflection questions can also bring into the spotlight certain concerns or challenges you may otherwise skip over. Personally, I also enjoy reviewing my responses during the next time I complete the same study to see how my time with Jesus has caused me to grow and change.

I also recommend index cards to record and review your weekly memory verses. Place these cards in a prominent place such as near your kitchen or bathroom sink or the dash of your car where you can quickly review them while simultaneously completing another task. If you have already memorized the verse of the week, feel free to choose another key verse from the week or another favorite verse from the passages you are reading. The choice is up to you. The goal is to just continually hide His Word in your heart so that He will be able to help you recall them when you need them most (Psalm 119:11).

I enjoyed creating this study as it allows you to work on a variety of Christian disciplines (Bible study, reflection, prayer, and scripture memory) in one swoop while providing enough flexibility that a reader can choose to include or not include specific aspects of the study as desired. My hope is that this journey will allow you to not only read through the New Testament in 90 days, but be transformed by the Word as you take time for reflection, prayer, and scripture memory based on what you are reading. May the Bible come alive within you like never before. May the Word become flesh in you so that others may see His love and glorify the Father in heaven for sending His Son to save them.

Week 1

*And Jesus kept increasing in wisdom and stature, and in favor with
God and men. Luke 2:52*

Day 1

And the Word became flesh, and dwelt among us, and we saw His glory, glory as of the only begotten from the Father, full of grace and truth. John 1:14

Day's Reading: Luke 1, John 1:1-14

The gospel of Luke is the favorite gospel of many, especially when it comes to the story of the birth of Christ, because of the extreme detail Luke provides to every scenario. Yet, unlike the other gospel writers, he never met Jesus during his earthly ministry. Instead he gathered his information from other eye witnesses and personal testimonies. In addition, Luke is also considered the only Gentile author of the New Testament, making his angle of grace that much more potent. Thanks to his love for detail, the gospel of Luke is the longest of the gospels and the only gospel with a sequel – Acts. Luke wrote this gospel to a man named Theophilus during the time of Nero, when Christians were being terribly persecuted. While the other gospels were written for area churches, Luke's primary intent was to give Theophilus, who was most likely a new Gentile convert, examples of Christ's power and God's grace as a means to reassure him of his beliefs during a time of great trial.

Reflection:

- How would you have responded to Gabriel's visit if you had been Mary or Zacharias?
- How would you have responded to Mary or Zacharias' testimony if you had been a close friend listening first hand to their story?
- Have you ever had a situation like Mary and Zacharias where you came in contact with the Lord in such a personal way that you couldn't help but sing a song about it or proclaim God's good news?

Prayer Guide:

- Thank Him for the coming of the Christ-child and His miraculous revelations.
- Ask for greater love for the Lord much like Mary and Zacharias had as a result of coming in contact with God's messenger.
- Express your desire for personal spiritual growth, sensitivity to sin and discipline to maintain a daily quiet time.
- Intercede for your spouse's spiritual growth, sensitivity to sin, and spiritual leadership.
- Pray for your children's spiritual growth and sensitivity to sin.
- Submit your day's activities to Him.

Memory Verse Goals:

- Read the verse of the week five times.
- Post the verse of the week in a prominent location.